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## LIFE'S UPS AND DOWNS

*(Supplied by Lord Ashtown, Lansdown, Nenagh, Co. Tipperary).*

Climbing, wavering, falt'ring, climbing  
Up and down Life's treacherous tree;  
Striving ever—by self-endeavour,  
Upwards—that we may be free;  
Past life's dangerous, branching sideroads,  
On to sunny skies of blue;  
But, when over-enterprising,  
Falling, facing up anew.

—ASHTOWN.